

Peer Support and Personalisation

How does it work for people like me?

By Rob Moriarty

The Briefest of Brief Biographies

- ▶ C4/5 SCI – August 1998, 5% Prognosis
- ▶ 12-18 months minimum hospital stay
- ▶ Solihull School, 3 A-Levels
- ▶ 24 hour agency care/parents at weekends
- ▶ 60 in 2 years



University

- ▶ Leeds
- ▶ Equality Unit
- ▶ Symbiotic learning
- ▶ Interview/hire pool of PAs
- ▶ 5/6 PAs per year
- ▶ Consistency and stability

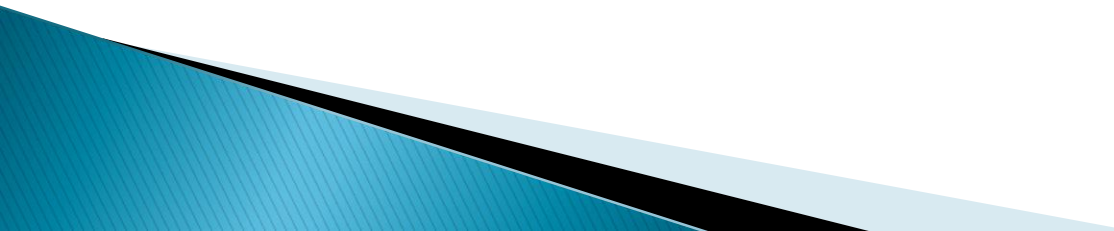


What it Allowed...

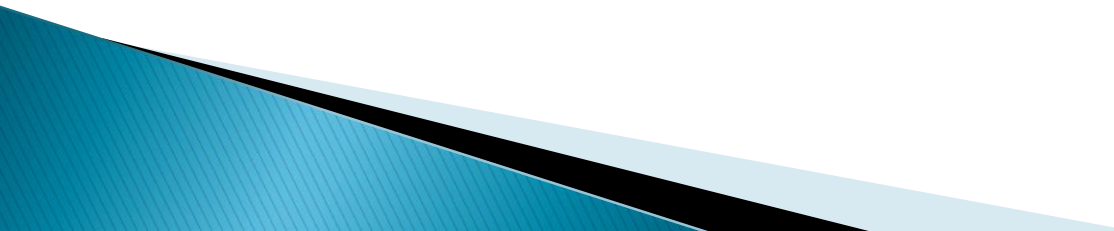
- ▶ Live independently
- ▶ More choice
 - JCR committee member
 - Sub Warden
- ▶ First 24hr care user on Erasmus Scheme



Direct Payments

- ▶ 2005 - 2 years
 - ▶ No information available.
 - ▶ Argument about “needs” and “wants”
 - ▶ Care needs covered 3 months ahead
 - ▶ Can live independently of friends and family
 - ▶ Run my own business.
- 

Peer Support/CIL

- ▶ March 2008
 - ▶ Direct Payments Peer Support and Consultation Group
 - ▶ Two Elements:
 - Consult with local services
 - Help support each other
 - ▶ Wanted ability to help others
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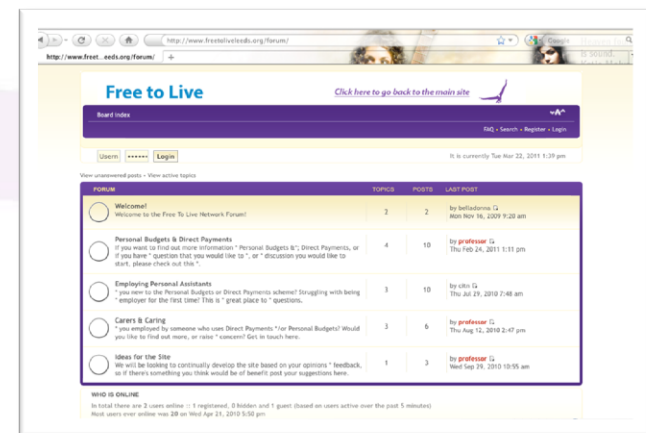
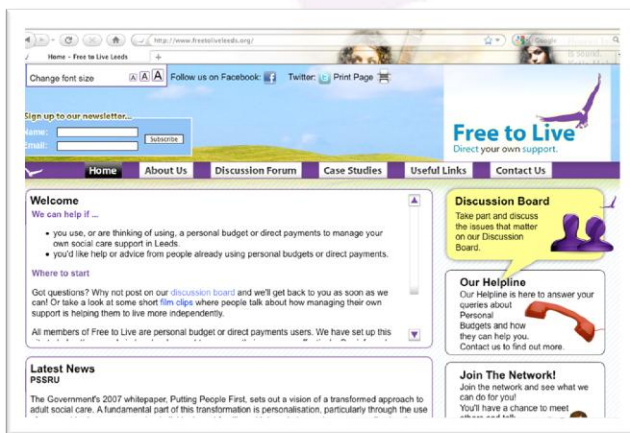
How did we do this?

Direct Payments
Peer Support and
Consultation Group



How did we do this?

- ▶ Website and phone service
- ▶ Signpost information
- ▶ Forum - identify issues and help improve service
- ▶ People can know what they can apply for



What do we do now?

- ▶ Still consult – CIL, Council
- ▶ Still provide peer support - open invite
- ▶ Engage with local community
 - York St. John University
 - Simon Duffy
 - Bradford College

Free to Live
Direct your own support.



How we know it's working

- ▶ Website launched December 2009
- ▶ 10,847 visits
- ▶ 723 per month average
- ▶ Contact from Hampshire CC
- ▶ Nominated for 2 awards



Beware!

- ▶ Personal budgets not for everyone
- ▶ Employer
 - Lots of paperwork, time consuming and confusing
- ▶ System must be flexible and adaptable
- ▶ Must have appropriate support, services and tools
- ▶ MyCareTracker.co.uk
- ▶ Vulnerable
- ▶ Not Easy! - 3 out of 10



Future Developments



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Questions?

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